





# Ngong Ward

Chose from the 12 Food categories



Contact a farmer to order food by group, view the list of all farmers in the group

## Vegetables



10

Vegetables						
<div>Super farm group</div> <div>Contact person</div> <div>Benson</div>		0739 35 xxx xxx Email: Bensonxxxxxgmail.com	Vegetables	Quantity	Cost per Kg	
			1. Cabbage	50,00 kg		
			2. carrots	100,00 kg		
			3. kales	10,000 kg		
			4. spinach	10,000 kg		
			5. darkleafy grens	20,000 kg		
			6. onions	30,000 kg		
			7. Pumpkins			
				8. tomatoes	70,000 kg	
				9. Green beans		
				10. Garlics		
				11. Mushrooms		
				12. Zucchini		
				13. Amaranth		
				14. Capsicum		
				15. Cucumbers		
				16. Edible –podded pea		
				17. Lettuce		
				PAYBILL		
Visit to reach members and order foods						



# Fish

Group Name	Photo	Contact the farmer group	Fish	Ready	Price per KG
<div>Farm link group</div> <div>Contact person</div> <div>karimi</div>	 	0734 35 xxx xxx Email: Bensonxxxxxgmail.com	<div>• 1. Tilapia</div>	5,000 pieces	KES 50
			<div>• 2. African Catfish</div>		
			<div>• 3. Salmon</div>		
			<div>• 4. Calp</div>		
			<div>• 5. Cod ( Chewa)</div>		
			<div>• 6. Silver Cypid ( Omena)</div>		
			<div>• 7.</div>		
			<div>• 8.</div>		
			<div>•</div>		
Visit to reach members and order foods			<div>•</div>		



## Poultry

			Poultry	No. available	Price item
Light farmers group		0734 35 xxx xxx Email: Bensonxxxxxgmail.com	1. kienyeji chicken	10,000	KES 500 (1.5Kg)
Contact person			2. improved kienyenji	5,000	
James			3. broilers	7,000	
			4. Turkey	3,000	
			5. Goose	2,000	
			6. Ducks	2,500	
			7. Guinea fowl	1,000	
			8. Broiler Eggs		
			9. Kienjeji eggs		
			10. Other eggs		
			11. A day old chick		
			PAYBILL		
Visit to reach members and order foods					

## Cereals

				<b>Cereals Dry commodities</b>	Ready foods	Price per KG
<div>Blessed farming group</div> <div>Contact person</div> <div>Paul</div>	<div></div> <div></div>	<div>0734 35 xxx xxx</div> <div>Email: Bensonxxxxxgmail.com</div>	Maize	3,000 kg	100	
			• Legums / beans	2,000 kg		
			• Rice	3,000 kg		
			•	4,000 kg		
			• lentils	50,000 kg		
			• Barley			
			• Sorghum			
			• Pearl Millet			
			• Finger millet			
			• Wheat			
			• Oat			
			• Chickpeas			
			• Green grams			
			etc			
Visit to reach members and order foods			PAYBILL			

# Nuts



Group Name	Photo	Contact the farmer group	Food nuts	Ready	Price per KG
<div>Farm link group</div> <div>Contact person</div> <div>karimi</div>	 	0734 35 xxx xxx Email: Bensonxxxxxgmail.com	• 1. Makadamia	5,000 KG	KES 50
			• 2. Ground nuts		
			• 3. Almonds		
			• 4. Coconuts		
			• 5. Beech nut		
			• 6. Nutmeg		
			• 7. Cashew nuts		
			• 8. Tiger nuts		
			•		
			•		
Visit to reach members and order foods			•		

## Fruits



Visit to reach members and order foods

# Root Crops

Purchase food crops



Group Name	Photo	Contact the farmer group	Root crops	Ready	Price per KG
<p>Farm link group</p> <p>Contact person 1</p> <p>Karimi</p> <p>Contact person 2</p> <p>karimi</p> <p>Visit to reach members and order foods</p>	 	<p>0734 35 xxx xxx</p> <p>Email: Bensonxxxxxgmail.com</p>	1 sweet potatoes	5,000 KG	KES 50
			2. Irish potatoes	2,000 kg	
			3. Arrow roots	5,000 kg	
			4. Cassava	10,000 kg	
			5. yams	20,000 kg	
			6. Beets		
			Carrots		
			Turnips		
			Turmeric		
			Celery		
			Others		
			PAYBILL		

## Meat Animals

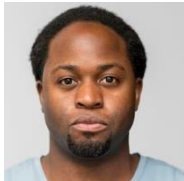

Group Name	Photo	Contact the farmer group	Meat Animals	Ready to sell	Price
<div>Farm link group</div> <div>Contact person</div> <div>karimi</div>	 	0734 35 xxx xxx Email: Bensonxxxxxgmail.com	• 1. Cows	50	KES 50 ,000
			• 2. goat	20	Kes 4,000
			• 3. camel		
			• 4. sheep		
			• 5. rabbits		
			• 6. wool		
			• 7. hides		
			• 8. pig		
			•		
			•		
Visit to reach members and order foods			•		





# Milk

			MILK	Ready for sell	Cost
Group name	  	0739 35 xxx xxx Email: Bensonxxxxxgmail.com			
Vital Farmers groups					
Contact person 1					
John wafula					
Contact person 2			Goat <ul style="list-style-type: none"> <li>• Milk – Alpine goat</li> <li>• Milk – Toggenburg</li> <li>• Milk – Saanen</li> </ul> Cow <ul style="list-style-type: none"> <li>• Milk Friesian cows</li> <li>• Milk Ayrshire</li> <li>• Milk Jersey</li> <li>• Milk Guernsey</li> <li>• Milk- Zebu cows</li> </ul> Camel <ul style="list-style-type: none"> <li>• Milk- Rendille</li> <li>• Milk Gabra</li> </ul>		
John wafula					
Visit to reach members and order foods			PAYBILL		



## Tea / coffee

			Tea / coffee	Ready for sell	Cost
Group name	  	0739 35 xxx xxx Email: Bensonxxxxxgmail.com			
Vital Farmers groups					
Contact person 1					
John wafula			Tea <ul style="list-style-type: none"> <li>• Black tea</li> <li>• Green tea</li> <li>• Yellow tea</li> <li>• White tea</li> <li>• Purple tea</li> </ul>		
Contact person 2			Coffee ARABICA <ul style="list-style-type: none"> <li>• Kenya AA</li> <li>• SL-34</li> <li>• K7</li> <li>• RUIRU 11</li> <li>• BATIAN</li> </ul>		
John wafula			Soya		
Visit to reach members and order foods			PAYBILL		



# Herbs

<div>Super farm group</div> <div>Contact person</div> <div>Benson</div>		<div>0739 35 xxx xxx</div> <div>Email: Bensonxxxxxgmail.com</div>				
				HERBS		Cost per Kg
				• Mint	50,00 kg	
				• Chamoline	100,00 kg	
				• Basil	10,000 kg	
				• Lavender	10,000 kg	
				• Rosemary	20,000 kg	
				• Hibiscus	30,000 kg	
			• Khat			
		• Muguka				
		•				
			•			
			•			
			•			
			•			
			•			
			•			
		•				
		•				
Visit to reach members and order foods			PAYBILL			

## Fruit seedlings

Group Name	Photo	Contact the group farmer to order the seedlings	Fruits seedlings	Ready fruits ( Pieces)	Price per fruit	Price 1 Kg			
<div>group</div> <div>Contact person 1</div> <div>Jane mulwa</div> <div>Contact person 2</div>	 	<div>0739 35 xxx xxx</div> <div>Email: Bensonxxxxxgmail.com</div> <div>0739 35 xxx xxx</div> <div>Email: Bensonxxxxxgmail.com</div>	<div>• Mango</div>	5,000	KES 5	50			
			<div>• Orange</div>	2,000					
			<div>• Pawpaws</div>	5,000					
			<div>• Avacado</div>	10,000					
			<div>• Pineapple</div>	2,000					
			<div>• Ripe banana</div>						
			<div>• Green</div>						
			<div>• Passion fruits</div>						
			<div>• Citrus</div>						
			<div>• Apple</div>						
			<div>• Dragon fruit</div>						
			<div>• Strawberries</div>						
			<div>• Grapes</div>						
			<div>• Guava</div>						
			<div>• Pomegranate</div>						
			<div>• Kiwi</div>						
			<div>• Watermelon</div>						
			<div>• Plum</div>						
			<div>• Blueberries</div>						
			<div>• Gooseberry</div>						
						Others			
			Visit to reach members and order foods			PAYBILL			

## Vegetable Seedlings

			PAYBILL			
<div>Super farm group</div> <div>Contact person</div> <div>Benson</div>		0739 35 xxx xxx Email: Bensonxxxxxgmail.com				
			Vegetables		Cost per Kg	
			• Cabbage	50,00 kg		
			• carrots	100,00 kg		
			• kales	10,000 kg		
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	• Pumkins					
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				• Mushrooms		
				• Zucchini		
				• Amaranth		
				• Capsicum		
				• Cucumbers		
				• Edible –podded pea		
• Lettuce						
Visit to reach members and order foods		PAYBILL				

## Individual farmers

### Category of space to be sold to farmers

	Name	Contact	Products / Cereals	Paid fee	Year / month
1	DANIEL Abukuse	0796547990	Maize, beans,	500	Quarterly
2	Joseph Karanja	0739 688 217	Maize, millet	2,000	Annual fee


## List of farmers in the group

### Category of space to be sold to farmers

	Name	Contact	Products / Cereals	Paid fee	Year / month
1	DANIEL Abukuse	0796547990	Maize, beans,	500	Quarterly
2	Joseph Karanja	0739 688 217	Maize, millet	2,000	Annual fee

No. 3      **View food products by photos**


A farmer can buy space to enable their products become visible

		Ward
		contact



**NO. 4** View Videos

A Farmer will have opportunity to buy space to upload video links

		Ward
		contact

Share your video links

