





Kapsoit Ward

Chose from the 12 Food categories



Contact a farmer to order food by group, view the list of all farmers in the group

Vegetables

10

| | | | |
|---|--|---|---|
| <p>Super farm group</p> <p>Contact person</p> <p>Benson</p> |  | <p>0739 35 xxx xxx</p> <p>Email: Bensonxxxxxgmail.com</p> | <p>Vegetables</p> <p>Quantity</p> <p>Cost per Kg</p> |
| |  | | |
| | | | 1. Cabbage 50,00 kg |
| | | | 2. carrots 100,00 kg |
| | | | 3. kales 10,000 kg |
| | | | 4. spinach 10,000 kg |
| | | | 5. darkleafy grens 20,000 kg |
| | | | 6. onions 30,000 kg |
| | | | 7. Pumkins |
| | | | 8. tomatoes 70,000 kg |
| | | | 9. Green beans |
| | | | 10. Garlics |
| | | | 11. Mushrooms |
| | | | 12. Zucchini |
| | | | 13. Amaranth |
| | | | 14. Capsicum |
| | | | 15. Cucumbers |
| | | | 16. Edible –podded pea |
| | | | 17. Lettuce |
| | | | PAYBILL |
| <p>Visit to reach members and order foods</p> | | | |



Fish

| Group Name | Photo | Contact the farmer group | Fish | Ready | Price per KG |
|--|--|---|--|--------------|--------------|
| <p>Farm link group</p> <p>Contact person</p> <p>karimi</p> |   | <p>0734 35 xxx xxx</p> <p>Email: Bensonxxxxxgmail.com</p> | <ul style="list-style-type: none"> 1. Tilapia | 5,000 pieces | KES 50 |
| | | | <ul style="list-style-type: none"> 2. African Catfish | | |
| | | | <ul style="list-style-type: none"> 3. Salmon | | |
| | | | <ul style="list-style-type: none"> 4. Calp | | |
| | | | <ul style="list-style-type: none"> 5. Cod (Chewa) | | |
| | | | <ul style="list-style-type: none"> 6. Silver Cypid (Omena) | | |
| | | | <ul style="list-style-type: none"> 7. | | |
| | | | <ul style="list-style-type: none"> 8. | | |
| | | | <ul style="list-style-type: none"> | | |
| <p>Visit to reach members and order foods</p> | | | <ul style="list-style-type: none"> | | |



Poultry

| | | | | | |
|--|--|--|-----------------------|---------------|-----------------|
| | | | | | |
| | | | Poultry | No. available | Price item |
| Light farmers group |   | 0734 35 xxx xxx Email: Bensonxxxxxgmail.com | 1. kienyeji chicken | 10,000 | KES 500 (1.5Kg) |
| Contact person | | | 2. improved kienyenji | 5,000 | |
| James | | | 3. broilers | 7,000 | |
| | | | 4. Turkey | 3,000 | |
| | | | 5. Goose | 2,000 | |
| | | | 6. Ducks | 2,500 | |
| | | | 7. Guinea fowl | 1,000 | |
| | | | 8. Broiler Eggs | | |
| | | | 9. Kienjeji eggs | | |
| | | | 10. Other eggs | | |
| | | | 11. A day old chick | | |
| | | | PAYBILL | | |
| Visit to reach members and order foods | | | | | |



Cereals

| | | | Cereals Dry commodities | Ready foods | Price per KG |
|---|--|---|----------------------------|-------------|--------------|
| <p style="background-color: purple; color: white; padding: 2px;">Blessed farming group</p> <p style="background-color: green; color: black; padding: 2px;">Contact person</p> <p>Paul</p> |   | <p>0734 35 xxx xxx</p> <p>Email: Bensonxxxxxgmail.com</p> | Maize | 3,000 kg | 100 |
| | | | • Legums / beans | 2,000 kg | |
| | | | • Rice | 3,000 kg | |
| | | | • | 4,000 kg | |
| | | | • lentils | 50,000 kg | |
| | | | • Barley | | |
| | | | • Sorghum | | |
| | | | • Pearl Millet | | |
| | | | • Finger millet | | |
| | | | • Wheat | | |
| | | | • Oat | | |
| | | | • Chickpeas | | |
| | | | • Green grams | | |
| | | | etc | | |
| Visit to reach members and order foods | | | PAYBILL | | |

Nuts

| Group Name | Photo | Contact the farmer group | Food nuts | Ready | Price per KG |
|--|--|---|--|---|---|
| <p data-bbox="218 500 573 540">Farm link group</p> <p data-bbox="218 609 384 639">Contact person</p> <p data-bbox="218 673 287 699">karimi</p> |   | <p data-bbox="921 469 1094 493">0734 35 xxx xxx</p> <p data-bbox="921 501 1241 526">Email: Bensonxxxxxgmail.com</p> | <ul style="list-style-type: none"> <li data-bbox="1339 440 1541 464">• 1. Makadamia <li data-bbox="1339 501 1549 526">• 2. Ground nuts <li data-bbox="1339 563 1497 587">• 3. Almonds <li data-bbox="1339 625 1518 649">• 4. Coconuts <li data-bbox="1339 686 1524 711">• 5. Beech nut <li data-bbox="1339 748 1503 773">• 6. Nutmeg <li data-bbox="1339 810 1549 834">• 7. Cashew nuts <li data-bbox="1339 872 1522 896">• 8. Tiger nuts <li data-bbox="1339 933 1356 958">• | <p data-bbox="1652 440 1740 464">5,000 KG</p> | <p data-bbox="1831 440 1898 464">KES 50</p> |
| | | | | | |
| | | | • | | |
| <p data-bbox="254 1105 709 1130">Visit to reach members and order foods</p> | | | • | | |


Fruits

| Group Name | Photo | Contact the group farmer to order the seedlings | Fruits | Ready fruits (Pieces) | Price per fruit | Price 1 Kg |
|---|---|---|--|------------------------|-----------------|------------|
| <div style="background-color: purple; color: white; padding: 2px; margin-bottom: 5px;">sasa women group</div> <div style="background-color: green; color: white; padding: 2px; margin-bottom: 5px;">Contact person 1</div> <p>Jane mulwa</p> <div style="background-color: green; color: white; padding: 2px; margin-top: 20px; margin-bottom: 5px;">Contact person 2</div> |   | <p>0739 35 xxx xxx Email: Bensonxxxxxgmail.com</p> <p>0739 35 xxx xxx Email: Bensonxxxxxgmail.com</p> | <ul style="list-style-type: none"> • Mango | 5,000 | KES 5 | 50 |
| | | | <ul style="list-style-type: none"> • Orange | 2,000 | | |
| | | | <ul style="list-style-type: none"> • Pawpaws | 5,000 | | |
| | | | <ul style="list-style-type: none"> • Avacado | 10,000 | | |
| | | | <ul style="list-style-type: none"> • Pineapple | 2,000 | | |
| | | | <ul style="list-style-type: none"> • Ripe banana | | | |
| | | | <ul style="list-style-type: none"> • Green | | | |
| | | | <ul style="list-style-type: none"> • Passion fruits | | | |
| | | | <ul style="list-style-type: none"> • Citrus | | | |
| | | | <ul style="list-style-type: none"> • Apple | | | |
| | | | <ul style="list-style-type: none"> • Dragon fruit | | | |
| | | | <ul style="list-style-type: none"> • Strawberries | | | |
| | | | <ul style="list-style-type: none"> • Grapes | | | |
| | | | <ul style="list-style-type: none"> • Guava | | | |
| | | | <ul style="list-style-type: none"> • Pomegranate | | | |
| | | | <ul style="list-style-type: none"> • Kiwi | | | |
| | | | <ul style="list-style-type: none"> • Watermelon | | | |
| | | | <ul style="list-style-type: none"> • Plum | | | |
| | | | <ul style="list-style-type: none"> • Blueberries | | | |
| | | | <ul style="list-style-type: none"> • Gooseberry | | | |
| Others | | | | | | |
| : PAYBILL | | | | | | |



Visit to reach members and order foods

Root Crops



Purchase food crops

| Group Name | Photo | Contact the farmer group | Root crops | Ready | Price per KG | |
|--|---|---|-------------------|----------|--------------|--|
| <p>Farm link group</p> <p>Contact person 1</p> <p>Karimi</p> <p>Contact person 2</p> <p>karimi</p> <p>Visit to reach members and order foods</p> |  | <p>0734 35 xxx xxx</p> <p>Email: Bensonxxxxxgmail.com</p> | 1 sweet potatoes | 5,000 KG | KES 50 | |
| | | | 2. Irish potatoes | 2,000 kg | | |
| | 3. Arrow roots | | 5,000 kg | | | |
| | 4. Cassava | | 10,000 kg | | | |
| | 5. yams | | 20,000 kg | | | |
| | 6. Beets | | | | | |
| | Carrots | | | | | |
| | Turnips | | | | | |
| | Turmeric | | | | | |
| | Celery | | | | | |
| | Others | | | | | |
| | PAYBILL | | | | | |
| | | | | | | |



Meat Animals

| Group Name | Photo | Contact the farmer group | Meat Animals | Ready to sell | Price |
|--|--|---|--------------|---------------|-------------|
| <p>Farm link group</p> <p>Contact person</p> <p>karimi</p> |   | <p>0734 35 xxx xxx</p> <p>Email: Bensonxxxxxgmail.com</p> | • 1. Cows | 50 | KES 50 ,000 |
| | | | • 2. goat | 20 | Kes 4,000 |
| | | | • 3. camel | | |
| | | | • 4. sheep | | |
| | | | • 5. rabbits | | |
| | | | • 6. wool | | |
| | | | • 7. hides | | |
| | | | • 8. pig | | |
| | | | • | | |
| | | | | | |
| | | | • | | |
| Visit to reach members and order foods | | | • | | |


Milk

| | | MILK | | Ready for sell | Cost |
|--|---|--|--|----------------|------|
| Group name |  | 0739 35 xxx xxx Email: Bensonxxxxxgmail.com | | | |
| Vital Farmers groups | | | | | |
| Contact person 1 |  | | Goat | | |
| John wafula | | | <ul style="list-style-type: none"> • Milk – Alpine goat • Milk – Toggenburg • Milk – Saanen | | |
| Contact person 2 | | | Cow | | |
| John wafula | | | <ul style="list-style-type: none"> • Milk Friesian cows • Milk Ayrshire • Milk Jersey • Milk Guernsey • Milk- Zebu cows | | |
| | | | Camel | | |
| | | | <ul style="list-style-type: none"> • Milk- Rendille • Milk Gabra | | |
| Visit to reach members and order foods | | | PAYBILL | | |



Tea / coffee

| | | Tea / coffee | Ready for sell | Cost |
|--|---|---|----------------|------|
| Group name |  | 0739 35 xxx xxx Email: Bensonxxxxxgmail.com | | |
| Vital Farmers groups | | | | |
| Contact person 1 |  | Tea <ul style="list-style-type: none"> • Black tea • Green tea • Yellow tea • White tea • Purple tea Coffee ARABICA <ul style="list-style-type: none"> • Kenya AA • SL-34 • K7 • RUIRU 11 • BATIAN Soya | | |
| John wafula | | | | |
| Contact person 2 | | | | |
| John wafula | | | | |
| Visit to reach members and order foods | | | | |
| | | PAYBILL | | |


Herbs

| | | | | | |
|---|---|--|--|-----------|-------------|
| <p>Super farm group</p> <p>Contact person</p> <p>Benson</p> |  | <p>0739 35 xxx xxx Email: Bensonxxxxxgmail.com</p> | HERBS | | Cost per Kg |
| | | | • Mint | 50,00 kg | |
| | | | • Chamoline | 100,00 kg | |
| | | | • Basil | 10,000 kg | |
| | | | • Lavender | 10,000 kg | |
| | | | • Rosemary | 20,000 kg | |
| | | | • Hibiscus | 30,000 kg | |
| | | | • Khat | | |
| | | | • Muguka | | |
| | | | • | | |
| | | | • | | |
| | | | • | | |
| | | | Visit to reach members and order foods | | |

Fruit seedlings

| Group Name | Photo | Contact the group farmer to order the seedlings | Fruits seedlings | Ready fruits (Pieces) | Price per fruit | Price 1 Kg |
|---|---|---|--|------------------------|-----------------|------------|
| <div style="background-color: purple; color: white; padding: 5px; text-align: center; margin-bottom: 10px;">group</div> <div style="background-color: green; color: white; padding: 2px; margin-bottom: 5px;">Contact person 1</div> <p>Jane mulwa</p> <div style="background-color: green; color: white; padding: 2px; margin-top: 20px; margin-bottom: 5px;">Contact person 2</div> |   | <p>0739 35 xxx xxx Email: Bensonxxxxxgmail.com</p> <p>0739 35 xxx xxx Email: Bensonxxxxxgmail.com</p> | <ul style="list-style-type: none"> • Mango | 5,000 | KES 5 | 50 |
| | | | <ul style="list-style-type: none"> • Orange | 2,000 | | |
| | | | <ul style="list-style-type: none"> • Pawpaws | 5,000 | | |
| | | | <ul style="list-style-type: none"> • Avacado | 10,000 | | |
| | | | <ul style="list-style-type: none"> • Pineapple | 2,000 | | |
| | | | <ul style="list-style-type: none"> • Ripe banana | | | |
| | | | <ul style="list-style-type: none"> • Green | | | |
| | | | <ul style="list-style-type: none"> • Passion fruits | | | |
| | | | <ul style="list-style-type: none"> • Citrus | | | |
| | | | <ul style="list-style-type: none"> • Apple | | | |
| | | | <ul style="list-style-type: none"> • Dragon fruit | | | |
| | | | <ul style="list-style-type: none"> • Strawberries | | | |
| | | | <ul style="list-style-type: none"> • Grapes | | | |
| | | | <ul style="list-style-type: none"> • Guava | | | |
| | | | <ul style="list-style-type: none"> • Pomegranate | | | |
| | | | <ul style="list-style-type: none"> • Kiwi | | | |
| | | | <ul style="list-style-type: none"> • Watermelon | | | |
| | | | <ul style="list-style-type: none"> • Plum | | | |
| | | | <ul style="list-style-type: none"> • Blueberries | | | |
| | | | <ul style="list-style-type: none"> • Gooseberry | | | |
| Others | | | | | | |
| Visit to reach members and order foods | | | PAYBILL | | | |

Vegetable Seedlings

| | | | | | |
|--|---|--|--------------------|-------------|--|
| | | PAYBILL | | | |
| <div style="background-color: purple; color: white; padding: 5px; text-align: center;">Super farm group</div> <div style="background-color: green; color: white; padding: 2px; text-align: center;">Contact person</div> <p>Benson</p> |  | 0739 35 xxx xxx Email: Bensonxxxxxgmail.com | Vegetables | Cost per Kg | |
| | | | • Cabbage | 50,00 kg | |
| | | | • carrots | 100,00 kg | |
| | | | • kales | 10,000 kg | |
| | | | • spinach | 10,000 kg | |
| | | | • darkleafy greens | 20,000 kg | |
| | | | • onions | 30,000 kg | |
| | | • Pumpkins | | | |
| | | • tomatoes | 70,000 kg | | |
| | | • Green beans | | | |
| | | • Garlics | | | |
| | | • Mushrooms | | | |
| | | • Zucchini | | | |
| | | • Amaranth | | | |
| | • Capsicum | | | | |
| | • Cucumbers | | | | |
| | • Edible –podded pea | | | | |
| | • Lettuce | | | | |
| Visit to reach members and order foods | | PAYBILL | | | |

Individual farmers

Category of space to be sold to farmers

| | Name | Contact | Products / Cereals | Paid fee | Year / month |
|---|----------------|--------------|--------------------|----------|--------------|
| 1 | DANIEL Abukuse | 0796547990 | Maize, beans, | 500 | Quarterly |
| 2 | Joseph Karanja | 0739 688 217 | Maize, millet | 2,000 | Annual fee |


List of farmers in the group

Category of space to be sold to farmers

| | Name | Contact | Products / Cereals | Paid fee | Year / month |
|---|----------------|--------------|--------------------|----------|--------------|
| 1 | DANIEL Abukuse | 0796547990 | Maize, beans, | 500 | Quarterly |
| 2 | Joseph Karanja | 0739 688 217 | Maize, millet | 2,000 | Annual fee |

No. 3 View food products by photos


A farmer can buy space to enable their products become visible

| | | |
|--|---|---------------------|
| |  | Ward contact |
|--|---|---------------------|



NO. 4 View Videos

A Farmer will have opportunity to buy space to upload video links

| | | |
|--|---|---------------------|
| |  | Ward contact |
|--|---|---------------------|

Share your video links

